

Training course

"LIVING AND ORGANIZING IN OUR COMMUNITIES"

"Towards more justice, integrity, and tenderness"

This training course will take place from November 17 to 28, 2025, in Sainte-Eulalie-en-Royans (France), and will bring together around twenty participants from different European countries.

Why choose this training course ?

Embarking on collective adventures is a big commitment ! We often put our hearts and energy into them, bringing pieces of our personal histories with us.

If you feel that it's important not only the goal you share with the group but also the way you reach this goal together.

If you need to improve your posture for leading group sessions, tools to facilitate everyone's participation, games to create deeper connections, a framework to make everyone feel safe and supported to take action and fulfil their roles, or inspiration from other experiences, this course may interest you.

Whether you're already part or joining a community, an association, an NGO, a work team or organising a festival, the goal is to empower individuals and groups to work together.

This training course is an opportunity to take a step back from our usual ways of working and way of thinking. Because we think that our cultures are largely based on the idea that there is a "law of the jungle" where the strongest and most deserving win. But we know that cooperating by putting collective intelligence at the service of our projects is another law that already exists in our world and deserves a greater place in our societies.

Learning to live and organizing in our communities is a matter of a

Learning to live and organise oneself in a community is a continuous process. In this training we want to focus on these 3 ideas : justice – fairness - tenderness

These are some of the questions we will cover :

How do we want to organise ourselves ?

*What are the obstacles and drivers ? How can we promote more equal access to the floor ?
How can we debate without fighting ?*

How can we encourage a culture of listening and compromise ? How can we take decisions without leaving anyone behind ?

How can we integrate everyone's intelligence into our project ? How can we identify and navigate power dynamics ? How can we create spaces for care, creativity and connection within our group? What is our relationship to conflict ?

What does collective intelligence and community mean to us?

It values the diversity of knowledge, skills, and perspectives within a group. The synergy of all this diversity is collective intelligence. It is an essential lever for transforming organizations in a sustainable way.

For this synergy to occur, several factors must be present: there must be an intention and energy to collaborate, a willingness to be open to others but also to oneself.

Collective intelligence as a gateway to:

- practising how to thwart the systemic mechanisms that hierarchise and damage us
- getting to know oneself better, speaking up and setting boundaries
- exploring ways of caring for individuals and the group
 - experiencing connection and trust as a source of change

When we say « community », we want to talk about establishing stronger ties and different senses of belonging that not only refer to the similarities, but to the differences in a group.

Who is it for ?

If you're curious about what is at stake in a group of humans living and organizing together, you're most welcome ! You can be in the beginnings of your explorations or wanting to learn more and go further in your experiences, this training course is made for you.

Our own international group will also be a chance to discover different dimensions of how we can get organized using collective intelligence. Your experiences and this training course will be the material of our deepenings.

Form and content

More than an in-depth exploration of topics, this training course opens up a landscape of learnings ; a generalist approach that emphasizes the foundations and strengths that enable cooperation to flourish. During the training, learning emerges from individuals, interpersonal encounters, the group, and a meta-perspective on what the group is experiencing and the dynamics at play within it.

We combine input sessions (content, resources, etc.), workshops for sharing and exchanging knowledges, and opportunities to try out leadership and facilitation roles with our support.

The 12 days are also punctuated by opportunities for self-organization of daily life and leisure time on site; welcome to your creativity !

Which topics will we cover ?

- Meetings/sharings : telling our stories and discovering ourselves through our individual and collective experiences
- Theatre of the Oppressed: Discovering a social theater approach to overcome obstacles that prevent us from acting individually and collectively toward greater awareness and justice
- Group roles and dynamics: frameworks, tools, and approaches to group cooperation
- Facilitating participation: experimenting and sharing cooperative approaches to facilitation
- Conflicts: overcoming discomfort, limitations, and negative beliefs to transform our relationship with conflict
- Care: equipping ourselves to demonstrate a culture of care in our groups

Program

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Arrivals	Presentations Expectations Overview of the theme	Small story/great history Forging bonds Our hot topics	Oppressed theater	Oppressed theater	Outdoor activities
Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
Roles and groups dynamics	Facilitate debates and meetings	Little project	Outdoor activities	Conflict and care	Departures

Non-formal learning methods

We want to create an environment that encourages connection, creativity, and active participation. Throughout the training, we will share resources, collaborative methods, games, rhythm, attention, and awareness practices that help participants co-create meaningful content together. Everyone will be invited to draw from their own experiences, share ideas, refine their reflections, and build knowledge, tools, and resources that are relevant to their local context.

Participants will be encouraged to explore the dynamics within the training group and to experiment with ways of working together based on cooperation and collective intelligence. To build our training "toolbox," we'll draw inspiration from a variety of approaches — with a strong focus on non-formal learning methods, understood as a practice for social change. This will offer spaces for reflection, trying out facilitation roles, developing practical skills, and sharing personal experiences and perspectives with others involved in different organizations.